



VIRGINIA WRESTLING 2010

VIRGINIA CAVALIERS
(16-6, 3-2 ACC)
ACC CHAMPIONS

at



NCAA CHAMPIONSHIPS

March 18-20, 2010

Qwest Center Omaha, Omaha, Neb.

2009-10 UVA SCHEDULE/RESULTS

Nov. 7	ANDERSONW, 37-9
	CAMPBELLW, 36-6
Nov. 15	vs. Bucknell ¹W, 20-13
	vs. Gardner-Webb ¹W, 50-0
	vs. No. 16 American ¹ ..W, 20-19
Nov. 28	vs. No. 10 C. Michigan ² ...L, 12-25
	vs. Hofstra ²W, 28-6
	vs. Sacred Heart ²W, 48-0
Dec. 29-30	at Southern Scuffle ³5th
Jan. 8	vs. Michigan ⁴W, 23-10
	vs. No. 10 Oklahoma ⁴L, 13-21
	vs. No. 23 ODU ⁴W, 21-15
Jan. 9	vs. No. 24 Va. Tech ⁴L, 18-21
	vs. Michigan ⁴W, 19-13
Jan. 14	at Appalachian State...W, 28-12
Jan. 17	at Penn.....W, 28-9
Jan. 22	NORTH CAROLINA* ..W, 23-12
Jan. 23	No. 14 VA. TECH*L, 16-19
Jan. 29	at Rutgers.....L, 12-25
Jan. 30	at Princeton.....W, 42-0
Feb. 6	OLD DOMINIONCancelled
	GEORGE MASONCancelled
Feb. 12	at Duke*.....W, 38-3
Feb. 13	at NC State*.....W, 45-6
Feb. 20	No. 10 MARYLAND* ...L, 11-22
March 6	at ACC Championships ⁵1st/6
Mar. 18-20	at NCAA Championships ⁶

Home matches in **BOLD CAPS**

¹ACC Challenge, Chapel Hill, N.C.

²Northeast Duals, Albany, N.Y.

³Greensboro, N.C.

⁴Virginia Duals, Hampton, Va.

⁵Raleigh, N.C.

⁶Omaha, Neb.

CAVALIERS AT THE NCAA CHAMPIONSHIPS

- Virginia finished 34th at the 2009 NCAA Championships.
- Virginia's best-ever finish was 10th in 1957.
- Chris Henrich became Virginia's first All-American since 2004 last year with a seventh-place finish at 174 pounds.
- Including Henrich, 10 Virginia wrestlers have earned All-America honors; Henrich is aiming to become UVA's first two-time All-American.
- UVA's best individual finish was second, by heavyweight Henry Jordan in 1957 and current UVA head coach Steve Garland (125 pounds) in 2000.
- This marks the 29th year Virginia has had at least one qualifier in the championships

SCHOOL-RECORD EIGHT UVA WRESTLERS IN NCAA FIELD

- Virginia is sending a school-record eight wrestlers to the 2010 NCAA Wrestling Championships.
- The previous high was seven, set in 1997, 1998 and 2009.

FIVE CAVALIERS RANKED THIS WEEK

- Virginia has five wrestlers ranked nationally this week:
- Ross Gitomer – 20th (AWN)
- Chris Henrich – third (InterMat, W.I.N., AWN) at 174
- Brent Jones – 14th (W.I.N.), 17th (InterMat) at 197
- Mike Salopek – 18th (AWN), 20th (InterMat) at 184
- Derek Valenti – 19th (W.I.N.), 20th (InterMat) at 141

VIRGINIA WINS FIRST ACC CHAMPIONSHIP SINCE 1977

- Virginia won its first ACC Championship since 1977 on March 6 in Raleigh, N.C.
- With 85.5 points UVA upset No. 10 Maryland (80.5) and No. 14 Virginia Tech (78.5).
- All 10 Cavaliers placed, with Chris Henrich (174) and Mike Salopek (184) winning championships.
- Virginia had placed second to Maryland at each of the last two ACC Championships, falling by two points in each instance.

THREE NCAA VETERANS IN VIRGINIA LINEUP

- Three Cavaliers have prior NCAA experience – Ross Gitomer (125), Chris Henrich (174) and Brent Jones (197).
- Henrich has wrestled in the last two NCAA Championships, earning All-America honors last season.
- Jones made his NCAA debut in 2009.
- Gitomer competed at the 2008 ACC Championship but did not participate last year after suffering a knee injury at the Southern Scuffle in December 2008.

HENRICH STREAK STANDS AT 15

- Junior Chris Henrich is 30-2 this season after earning All-America honors and going 40-3 as a sophomore.
- He became UVA's first All-American since Scott Moore and Tim Foley in 2004.
- Henrich has won 15 straight matches and has not lost since falling to top-ranked Mack Lewnes of Cornell Dec. 30.

VIRGINIA LINEUP

Pos.	Name	Record
125	Ross Gitomer	22-13
141	No. 20 Derek Valenti	24-8
149	Shawn Harris	19-12
157	Dan Gonsor	18-9
174	No. 3 Chris Henrich	30-2
184	No. 19 Mike Salopek	28-8
197	No. 17 Brent Jones	24-11
285	Jack Danilkowicz	18-12

rankings according to InterMat

TEAM NATIONAL RANKINGS

InterMat	22
NWCA/USA Today	24

HEAD COACH

STEVE GARLAND

- Fourth year at the helm of the Cavaliers' program
- 52-32 record at UVA
- 2010 ACC Champions
- UVA has recorded its most dual wins in a four-year span all-time during his tenure
- Former Cavalier All-American
- Took runner-up honors in 125-pound weight class at the 2000 NCAA Championships
- 1997 ACC Champion at 126 pounds
- Assistant coach at Cornell for six seasons prior to returning to Virginia
- Named National Assistant Coach of the Year in 2006
- All of his recruiting classes at Virginia have ranked among the nation's top 25, including two top 10 classes.

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- Henrich's only other loss came to then-No. 13 Shane Riccio of Bucknell in overtime at the ACC Challenge (11/15).
- He owns five wins over ranked foes this year and has not lost to an unranked wrestler since his freshman season.

HENRICH BUILDS CAREER RESUME

- Henrich enters the NCAA Championships with 96 career wins as he aims to become the eighth Cavalier to reach the 100-win plateau.
- He ranks eighth in all-time wins at Virginia and needs 20 to reach No. 1 Mike Krafchick (116; 1991-92, 1993-95).
- He has a 96-15 career record; his 86.5 percent winning percentage currently ranks fourth in Virginia history.
- The junior is shooting to become the first two-time All-American in Virginia history.

SALOPEK CONTINUES STRONG FRESHMAN YEAR

- UVa redshirt freshman Mike Salopek has had a fabulous season, going 28-8 at 184 pounds with an ACC championship to his credit.
- He went 16-5 in dual matches, including 3-1 in ACC bouts.

- Salopek took third place at the Southern Scuffle in late December.
- Salopek entered the season by filling the shoes of three-time ACC champion and four-time NCAA qualifier Rocco Caponi.

JONES CONTINUES CLIMB IN VIRGINIA ANNALS

- With nine pins this season, Brent Jones has become UVa's all-time falls leader with 43.
- Jones also boasts 105 career wins, good for fourth place in Virginia history.
- He also will leave Virginia with the school's most dual wins ever. He finished the dual season with 62 career dual wins, eight more than Chris Henrich, who has 54 in three years.
- Jones has competed in 148 career matches – tied for fourth in Virginia history. With two matches this week, he will move into second place; he needs six to reach the top spot.

GITOMER AIMS TO FINISH STRONG

- Senior Ross Gitomer will compete in his second NCAA Championships this week.
- He wrestled in 2008 but sat out much of last year because of a knee injury.

- Gitomer currently has 91 career wins – tied for ninth in UVa history with current UVa head coach Steve Garland (1997-2000).

VALENTI JOINS THE NCAA PARTY

- Making his first NCAA appearance this week, Derek Valenti becomes the second member of the his family to reach the NCAA Championships.
- His brother, Matt, was a two-time NCAA champion and three-time All-American at Penn and currently is an assistant coach for the Quakers.
- Derek Valenti is 24-8 this season.

QUICK FACTS THE UNIVERSITY OF VIRGINIA

NameThe University of Virginia
 Founded..... by Thomas Jefferson in 1819
 NicknamesCavaliers, Wahoos, 'Hoos
 Location Charlottesville, Virginia
 Enrollment20,399
 President..... John T. Casteen III (Virginia, '65)
 Athletics Director..... Craig Littlepage (Pennsylvania, '73)
 Conference Atlantic Coast
 ColorsOrange and Blue
 Home Facility Memorial Gymnasium

COACHING STAFF

Head Coach Steve Garland
 Alma Mater Virginia, 2000
 Years at School Fourth
 Record at Virginia/Career..... 52-32, 10-10 ACC
 E-mail sjg4k@virginia.edu
 Associate Head Coach..... Scott Moore
 E-mail srm6z@virginia.edu
 Assistant Coach Alex Clemesen
 E-mail..... atc9d@virginia.edu
 Volunteer Assistant..... Jim Stanec
 Office Location Onesty Hall

TEAM INFORMATION

2009-10 Dual Record..... 16-6, 3-2 ACC
 2010 ACC Championships..... 1st/6
 2009 NCAA Championships..... 34th
 2009 All-Americans Returning/Lost 1/0
 2009 Starters Returning/Lost..... 8/2
 2009 Letterwinners Returning/Lost 17/4
 Newcomers 8

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 Official UVa Athletics Website..... VirginiaSports.com

2009-10 VIRGINIA WRESTLING ROSTER

Name	Wt.	Ht.	Cl.	Hometown/High School
Kellon Balum	149	5-7	Sr.	Herdon, Pa./Line Mountain
Calvin Cardillo	285	6-1	Sr.	Alexandria, Va./Hayfield
Danny Clarke	149	5-7	R-Fr.	Ramsey, N.J./Ramsey
Zach Clemente	141/149	5-7	Fr.	Clifton Park, N.Y./LaSalle Institute
Matt Cubillos	133	5-6	Fr.	Schenectady, N.Y./Guilderland
Jack Danilkowicz	285	6-1	R-Jr.	Green Oaks, Ill./Libertyville
Stephen Doty	174	5-10	Fr.	St. Louis, Mo./Kirkwood
David Ebbott	157	5-7	R-So.	Blue Bell, Pa./Germantown Academy
Jon Fausey	184	6-0	Fr.	Dalmatia, Pa./Line Mountain
Beau Fisher	157/165	5-7	Sr.	Grove City, Pa./Grove City Area
Adam Fitterer	157	5-8	Sr.	Fairfax, Va./Fairfax
Ross Gitomer	125	5-3	R-Sr.	Flemington, N.J./Blair Academy
Gabe Gomez	125	5-3	Fr.	Broomfield, Colo./Broomfield
Dan Gonsor	157	5-11	R-So.	Cleveland, Ohio/St. Edward
Nicky Gordon	141	5-8	Fr.	Kingston, Pa./Wyoming Seminary Prep
Shawn Harris	149	5-10	R-So.	Cleveland, Ohio/St. Edward
Chris Henrich	174	5-11	Jr.	Lansdale, Pa./Germantown Academy
Brent Jones	197	5-11	R-Sr.	Burke, Va./Robinson
Sam MacGregor	141	5-7	So.	Fredericksburg, Va./Chancellor
Jedd Moore	157	5-10	So.	Mount Vernon, Ohio/Marion
Ebe Nelson	285	6-3	So.	Raytown, Mo./Raytown
Nick Nelson	141	5-6	Jr.	Pittsburgh, Pa./Shaler
Pat Riley	149/157	5-9	R-Jr.	Bernardsville, N.J./Bernards
Mike Salopek	184	6-3	R-Fr.	North Huntingdon, Pa./Norwin
Karim Shafi	133	5-6	Fr.	Newark, Del./Tower Hill School
Matt Snyder	125	5-6	R-Fr.	Lewistown, Pa./Bloomsburg Univ.
Derek Valenti	133	5-7	So.	Newton, N.J./Kittatinny

Head Coach: Steve Garland (Virginia, '00), fourth season

Associate Head Coach: Scott Moore (Penn State, '03), sixth season

Assistant Coach: Alex Clemesen (Edinboro, '07), first season

Volunteer Assistant Coach: Jim Stanec (Cornell, '02), second season

A QUICK SEASON RECAP

- Virginia won its first ACC Championship since 1977, defeating No. 10 Maryland and No. 14 Virginia Tech en route to the title.
- Chris Henrich (174) and Mike Salopek (184) each earned championships, while all 10 Cavaliers placed.
- Salopek's takedown of Tommy Spellman with 12 seconds remaining in the third period sealed a 2-0 win and the championship for Virginia.
- Prior to its ACC title, Virginia posted 16 dual-meet wins, which ranks second in school history (2008 - 18 wins).

- UVa scored its first-ever win over a nationally-ranked team on Nov. 15 with a 20-19 victory over No. 16 American.
- The Cavaliers went on to also record a win over then-No. 23 Old Dominion (21-15) on Jan. 8.
- UVa claimed its best finish ever at the Southern Scuffle, taking fifth against a loaded field.
- UVa had seven wrestlers ranked in the national rankings at various points this season – Ross Gitomer (125), Matt Snyder (125), Derek Valenti (141), Dan Gonsor (157), Chris Henrich (174), Mike Salopek (184) and Brent Jones (197).

2009-10 VIRGINIA WRESTLING STATISTICS

Name	Weight	Overall	Dual	ACC	Dual	Falls	Quick	Tech Falls	Major Dec.
	Class	Record	Record	Record	Points	UVa Opp.	Fall	UVa Opp.	UVa Opp.
Kellon Balum	149	17-7	9-3	0-0	39	5 1	:42	1 0	6 2
Matt Bonson	141	4-2	0-0	0-0	–	2 1	3:59	0 0	1 0
Calvin Cardillo	285	4-2	4-2	0-0	18	0 0	–	1 1	1 0
Michael Chaires	165	7-10	3-5	0-0	13	1 1	3:38	0 0	1 0
Danny Clarke	157	12-10	1-0	0-0	3	0 4	–	1 0	0 2
Zach Clemente	149	10-6	0-0	0-0	–	0 0	–	0 0	2 0
Matt Cubillos	125	3-12	2-5	0-0	6	0 3	–	0 0	1 3
Jack Danilkowicz	285	18-12	11-5	2-3	37	0 1	–	0 0	1 1
Stephen Doty	174	13-8	3-0	1-0	13	5 0	:56	0 0	2 2
Dave Ebbott	149	9-9	3-2	2-1	18	5 0	:59	0 0	1 2
Jon Fausey	184	15-7	0-0	0-0	–	3 0	:47	0 0	3 0
Beau Fisher	165	9-12	3-6	0-1	10	2 0	1:20	0 0	1 2
Adam Fitterer	157	0-2	0-0	0-0	–	0 0	–	0 0	0 0
Ross Gitomer	125	22-13	10-7	4-1	35	1 0	3:19	1 0	8 1
Gabe Gomez	125	12-13	0-0	0-0	–	1 4	3:19	2 0	3 0
Danny Gonsor	157	18-9	11-5	2-1	51	2 1	1:06	8 0	3 2
Nicky Gordon	141	13-7	0-0	0-0	–	2 2	:55	1 1	1 0
Shawn Harris	149	19-12	3-3	1-2	10	3 2	2:29	4 0	3 1
Chris Henrich	174	30-2	19-1	5-0	81	5 0	:37	5 0	5 0
Brent Jones	197	24-11	15-7	4-1	65	9 3	:15	0 0	2 1
Sam MacGregor	149	3-7	0-0	0-0	–	0 4	–	0 1	1 1
Jedd Moore	157	0-0	0-0	0-0	–	0 0	–	0 0	0 0
Ebe Nelson	285	0-0	0-0	0-0	–	0 0	–	0 0	0 0
Nick Nelson	141	13-4	0-0	0-0	–	1 0	5:59	0 0	1 2
Pat Riley	157	16-9	2-4	1-2	10	2 0	:49	1 0	6 1
Mike Salopek	184	28-8	16-5	3-1	59	2 0	2:38	0 0	2 1
Karim Shafi	133	1-2	0-0	0-0	–	0 1	–	0 1	0 0
Matt Snyder	125	27-16	10-8	4-1	48	10 2	:25	2 0	3 1
Derek Valenti	141	24-8	17-5	3-2	72	10 0	1:31	1 0	1 0

INDIVIDUAL NOTES

JACK DANILKOWICZ, R-JR., 285

Green Oaks, Ill./Libertyville HS

Pronunciation: Dan-ill-KOE-vitz

- 18-12 this season/47-45 career
- Went 11-5 in duals, including 2-3 in ACC action
- Finished third at 2010 ACC Championships
- Making first NCAA appearance
- Avenged regular-season loss to Maryland's Patrick Gilmore in ACC Championships third-place match to clinch bid to NCAAs
- He also owns ACC wins over Virginia Tech's Tim Miller and NC State's Eloheim Palma
- Three-time ACC Academic Honor Roll award recipient
- With his two brothers, he runs Athlete's CARE, a mentoring program for disadvantaged youth in the Chicago area

Year	Weight Class	Overall W-L	Dual W-L	Falls	TF	MD
2006-07	285	7-9	0-1	1	0	0
2007-08	285	15-17	7-10	2	1	2
2008-09	285	7-7	3-4	1	0	0
2009-10	285	18-12	11-5	0	0	1
Totals	285	47-45	21-20	4	1	3

2009-10 RESULTS

W/L Opponents (School)	Result	Event/Date
W Khiry Reid (Campbell)	Dec., 3-2	Campbell (11/7)
W Steven Butler (Newberry)	Dec., 8-7	Hokie Open (11/8)
L Brendan Barlow (Kent State)	Dec., 2-3	
L Dustin Porter (Gardner-Webb)	Dec., 2-5	
W Paul Snyder (Hofstra)	Dec., 5-2	NE Duals (11/28)
W Steve Andrus (Michigan State)	Dec., 5-3	Nittany Lion Open (12/6)
W Christopher Dempsey (Pitt-Johnstown)	Dec., 3-1	
L Mark Ellis (Missouri)	Fall, 4:00	
L Brendan Herlihy (Penn State)	Dec., 2-3	
W Stephen Larson (Air Force)	Dec., 8-3	Southern Scuffle (12/30)
L No. 6 Nathan Everhart (Indiana)	MD, 3-12	
W Nathanael Lavalley (Boston U.)	Dec., 5-2	
L Peter Sturgeon (UNC Greensboro)	Dec., 4-5	
W Ben Apland (Michigan)	Dec., 5-2	Michigan/Va. Duals (1/8)
L No. 12 Nathan Fernandez (Oklahoma)	Dec., 2-8 Oklahoma/Va. Duals (1/8)	
W Grant Chapman (Old Dominion)	Dec., 9-3	ODU/Va. Duals (1/9)
W Forfeit (Virginia Tech)	Forfeit	Va. Tech/Va. Duals (1/9)
W Ben Apland (Michigan)	Dec., 6-5	Michigan/Va. Duals (1/9)
W Ken Altarac (Appalachian State)	Dec., 4-2	Appalachian State (1/14)
W Tyler Blakely (Penn)	Dec., 4-3	Penn (1/17)
L Ziad Haddad (North Carolina)	Dec., 3-10 North Carolina (1/22)	
W Tim Miller (Virginia Tech)	Dec., 5-1	Virginia Tech (1/23)
L No. 10 DJ Russo (Rutgers)	Dec., 3-7 Rutgers (1/29)	
W Robert Grogan (Princeton)	MD, 18-7	Princeton (1/30)
L Konrad Dudziak (Duke)	Dec., 3-10 Duke (2/12)	
W Eloheim Palma (NC State)	Dec., 5-3	NC State (2/13)
L Patrick Gilmore (Maryland)	Dec., 2-3 (TB2)	Maryland (2/20)
L Konrad Dudziak (Duke)	Dec., 0-4 ACC Champs. - 3rd (3/6)	
W Patrick Gilmore (Maryland)	Dec., 4-3	
W Eloheim Palma (NC State)	Dec., 3-2	

Bold denotes 2010 NCAA Qualifiers

ROSS GITOMER, R-SR., 125

Flemington, N.J./Blair Academy

Pronunciation: jih-TOE-murr

- 22-13 this season/91-46 career
- 2008 and 2010 NCAA Qualifier
- 2008 ACC Champion and 2010 ACC Runner-Up
- Leads team with eight major decisions
- Tied for ninth in Virginia history with 91 career wins
- Went 10-7 in dual matches, including 4-1 in ACC action
- Notched ACC wins over Brian Bokoski (UNC), Peter Terrezza (Duke), Mike Moreno (NCSU) and James Knox (Maryland)
- Only ACC defeat was a 2-1 decision to Virginia Tech's Jarrod Garnett
- Did not compete for last half of 2009 season because of knee injury suffered Dec. 30, 2008, at Southern Scuffle
- Won the East Stroudsburg Open on Nov. 21
- Took fourth at Penn State Open (12/6) and sixth at Southern Scuffle (12/30)
- Already has graduated with degree in government; currently in grad school working on degree in elementary education

GITOMER BY THE NUMBERS

Year	Weight Class	Overall W-L	Dual W-L	Falls	TF	MD
2005-06*	125	8-3	0-0	0	0	2
2006-07	125	20-15	10-7	0	0	4
2007-08	125	37-13	16-5	1	9	1
2008-09	125	12-5	3-2	0	1	3
2009-10	125/133	22-13	10-7	1	1	8
Totals	125	91-46	39-21	2	11	16

*Redshirt

2009-10 RESULTS

W/L Opponents (School)	Result	Event/Date
W Marc Rocha (Gardner-Webb)	MD, 18-6	Gardner-Webb (11/15)
L Thomas Williams (American)*	Dec., 1-6	American (11/15)
W Peter Mosher (Gannon)	MD, 24-10	ESU Open - 1st (11/21)
W Silas Murray (Nassau)	MD, 14-4	
W Sean Walton (Buffalo)	Dec., 10-6	
W Ricardo Gomez (Nassau)	MD, 11-3	
L Matt Steintrager (Central Michigan)	Dec., 3-5	NE Duals (11/28)
W Jeff Rotella (Hofstra)*	Dec., 6-5	NE Duals (11/28)
W Justin Rivera (Gannon)	Fall, 3:19	Nittany Lion Open - 4th (12/6)
W Silas Murray (Nassau)	Dec., 8-2	
W Tyler Sim (The Citadel)	Dec., 5-4	
L No. 9 Jarrod Garnett (Virginia Tech)	Dec., 2-3	
L Brad Wisdom (Missouri)	Dec., 1-2	
W Steve Mitcheff (Kent State)	Dec., 3-1	Southern Scuffle - 6th (12/30)
W Eric Chandler (UNC Greensboro)	MD, 10-2	
W No. 5 Eric Morrill (Edinboro)	Dec., 3-2	
L No. 1 Troy Nickerson (Cornell)	Dec., 0-7	
L Frank Lomas (Cal State Bakersfield)	Dec., 4-8	
L No. 5 Eric Morrill (Edinboro)	SV2, 1-3	
W Sean Boyle (Michigan)	Dec., 4-2	Michigan/Va. Duals (1/8)
L No. 13 Jarrod Patterson (Oklahoma)	Dec., 1-2 Oklahoma/Va. Duals (1/8)	
L No. 16 Jarrod Garnett (Virginia Tech)	Dec., 1-2 Va. Tech/Va. Duals (1/9)	
L Zac Stevens (Michigan)*	MD, 5-15 Michigan/Va. Duals (1/9)	
W Brett Boston (Appalachian State)	MD, 18-8	Appalachian State (1/14)
W Mark Rappo (Penn)	Dec., 6-5	Penn (1/17)
W Brian Bokoski (North Carolina)	MD, 16-5	North Carolina (1/22)
L No. 15 Jarrod Garnett (Virginia Tech)	Dec., 1-2 Virginia Tech (1/23)	
L Joseph Langel (Rutgers)	Dec., 4-8 Rutgers (1/29)	
W Garrett Frey (Princeton)	Dec., 7-6 Princeton (1/30)	
W Peter Terrezza (Duke)	Dec., 4-3	Duke (2/12)
W Mike Moreno (NC State)	TF, 23-6	NC State (2/13)
W James Knox (Maryland)	Dec., 3-2 Maryland (2/20)	
W Brian Bokoski (North Carolina)	MD, 19-6	ACC Champs. - 2nd (3/6)
W James Knox (Maryland)	Dec., 5-3	
L No. 14 Jarrod Garnett (Virginia Tech)	Dec., 1-4	

*133 pounds

Bold denotes 2010 NCAA Qualifiers

PREVIOUS NCAA CHAMPIONSHIPS

2008 (125 Pounds)

L Luke Smith (Central Michigan)	Dec., 0-1
L Joey Fio (Oklahoma)	Dec., 6-8

DAN GONSOR, R-SO., 157
Cleveland, Ohio/St. Edward HS

Pronunciation: GON-sir

- 18-9 this season/28-18 career
- Placed fourth at 2010 ACC Championships
- Making first NCAA Championships appearance
- Eight of his 18 wins have come by tech falls (team high)
- Thirteen of his wins have resulted in UVa bonus points (two falls, eight tech falls, three majors)
- Went 11-5 in duals, including 2-1 in ACC matches
- Defeated Chris Piccolella of Duke by tech fall and Brett Farina of NC State by fall in ACC action
- Earned tech fall over then-No. 8 Jonny Bonilla-Bowman of Hofstra at Northeast Duals (11/28)
- Finished fifth at Southern Scuffle (12/30)
- Was nationally ranked for several weeks earlier in the season
- Missed UNC and Virginia Tech duals because of illness (1/22-23)

GONSOR BY THE NUMBERS

Year	Weight Class	Overall W-L	Dual W-L	Falls	TF	MD
2007-08	157	10-9	2-4	3	2	0
2008-09*	157	11-3	0-0	3	2	1
2009-10	157	18-9	11-5	2	8	3
Totals	157	28-18	13-9	5	10	3

*Redshirt

2009-10 RESULTS

W/L Opponents (School)	Result	Event/Date
W Jake Fose (Campbell)	TF, 16-0	Campbell (11/7)
W Brantley Hooks (Bucknell)	Dec., 8-3	Bucknell (11/15)
L Steve Fittery (American)	MD, 4-17	American (11/15)
W Donnie Corby (Central Michigan)	Dec., 4-0	NE Duals (11/28)
W No. 8 Jonny Bonilla-Bowman (Hofstra)	TF, 15-0	NE Duals (11/28)
W Zack Mestro (Appalachian State)	TF, 17-1	Southern Scuffle - 5th (12/30)
L Anthony Priore (Sacred Heart)	Dec., 3-5	
W Danny Scotton (Princeton)	TF, 16-0	
W John Greisheimer (Edinboro)	TF, 17-0	
W Matt Dragon (Penn)	Inj. Def.	
W Mallie Shuster (Kent State)	MD, 15-6	
L No. 4 Matt Moley (Bloomsburg)	Dec., 5-7	
W Clay Tucker (Ohio)	Fall, 1:19	
W Dave Johnson (Michigan)	MD, 14-3	Michigan/Va. Duals (1/8)
L No. 11 Shane Vernon (Oklahoma)	SV, 5-7	Oklahoma/Va. Duals (1/8)
W Joey Sheridan (Old Dominion)	TF, 16-1	ODU/Va. Duals (1/9)
L No. 7 Jesse Dong (Virginia Tech)	Dec., 1-7	Va. Tech/Va. Duals (1/9)
W Travis Puckett (Appalachian State)	TF, 17-0	Appalachian State (1/14)
W Forfeit (Penn)	Forfeit	Penn (1/17)
L Daryl Cocozzo (Rutgers)	Fall, 4:39	Rutgers (1/29)
W Danny Scotton (Princeton)	MD, 11-2	Princeton (1/30)
W Chris Piccolella (Duke)	TF, 16-0	Duke (2/12)
W Brett Farina (NC State)	Fall, 1:06	NC State (2/13)
L Kyle John (Maryland)	Dec., 3-9	Maryland (2/20)
L No. 5 Jesse Dong (Virginia Tech)	MD, 1-12	ACC Champs. - 4th (3/6)
W Colton Palmer (NC State)	Dec., 8-5	
L Thomas Scotton (North Carolina)	Dec., 2-4 (SV)	

Bold denotes 2010 NCAA Qualifiers

SHAWN HARRIS, R-SO., 149
Cleveland, Ohio/St. Edward HS

- 19-12 this season/40-26 career
- Finished third at 2008 and 2010 ACC Championships
- Making first NCAA Championships appearance
- Knocked off then-No. 20 Bobby Ward of NC State in opening round of ACC Championships
- Posted 3-4 record against the NCAA field, including wins over Ward, Thomas Scotton of UNC and Brandon Butcher of George Mason
- Went 3-3 in dual matches, including 1-2 in ACC duals
- Two of ACC duals came against 2010 NCAA qualifiers at 157 pounds while filling in for an ill Dan Gonsor – defeated then-No. 6 Thomas Scotton of UNC and dropped decision to then-No. 4 Jesse Dong of Virginia Tech
- Missed all of 2008-09 season with a neck injury
- Named to ACC Academic Honor Roll last year

HARRIS BY THE NUMBERS

Year	Weight Class	Overall W-L	Dual W-L	Falls	TF	MD
2007-08	149	21-14	4-8	4	3	1
2008-09*	–	0-0	0-0	0	0	0
2009-10	149/157	19-12	3-3	3	4	4
Totals	149/157	40-26	7-11	7	7	5

*Redshirt

2009-10 RESULTS

W/L Opponents (School)	Result	Event/Date
W Joey Montgomery (Liberty)	Fall, 4:05	Hokie Open (11/8)
L Tyler St. Louis (North Carolina)	Dec., 5-8	
W Casey Gordon (Ohio)	Dec., 6-3	
W Richie Dehnz (Appalachian State)	MD, 13-1	
W Kellon Balum (Virginia)	Def.	
L Seth Morton (Ohio)	Dec., 1-6	
L Kevin LeValley (Bucknell)	Dec., 0-1	Bucknell (11/15)
W Ryan Michaels (RPI)	TF, 19-0	ESU Open (11/21)
W Vince Gualtieri (Tiffin)	TF, 20-3	
W Kyle Rosser (Lehigh)	Fall, 6:36	
W Travis Donnor (Nassau)	TB, 2-1	
L Tyler Branham (TCNJ)	Dec., 1-6	
W Zach Kell (Bucknell)	TF, 18-2	Mat Town Open (11/28)
W Chad Lowman (Old Dominion)	Fall, 2:29	
L Matthew Mariacher (American)	Dec., 2-3	
W Ian Heist (Pitt)	Dec., 11-4	Nittany Lion Open - 8th (12/6)
W Nick Standish (Columbia)	MD, 14-5	
W Brandon Bucher (George Mason)	Dec., 6-3	
L Brian Tanen (Lehigh)	MD, 0-9	
L Kellon Balum (Virginia)	Fall, :42	
W Ryan Medved (Gardner-Webb)	Dec., 3-2	Southern Scuffle (12/30)
L John Nicholson (Old Dominion)	Dec., 9-12	
L Nestor Taffur (Boston U.)	Fall, 5:41	
W John Nicholson (Old Dominion)	Dec., 7-1	ODU/Va. Duals (1/9)
W Mike Sears (Michigan)	MD, 18-4	Michigan/Va. Duals (1/9)
W No. 6 Thomas Scotton (North Carolina)*	Dec., 5-4	North Carolina (1/22)
L No. 4 Jesse Dong (Virginia Tech)*	Dec., 3-9	Virginia Tech (1/23)
L Jon Kohler (Maryland)	Dec., 6-10	Maryland (2/20)
W Brent Jorge (Duke)	MD, 11-2	ACC Champs. - 2nd (3/6)
W No. 20 Bobby Ward (NC State)	Dec., 7-2	
L Brian Stephens (Virginia Tech)	Dec., 4-8	

Bold denotes 2010 NCAA Qualifiers

CHRIS HENRICH, JR., 174**Lansdale, Pa./Germantown Academy****Pronunciation:** HEN-rick

- 30-2 this season/96-15 career (ranks eighth at UVa in career wins)
- 2009 and 2010 ACC Champion at 174 pounds
- 2009 All-American at 174 pounds (seventh place)
- 2008 ACC Runner-Up and ACC Freshman of the Year
- Three-time NCAA Qualifier (2008-2010)
- No. 3 national seed at 174 – highest seeded UVa wrestler since Scott Moore was No. 1 at 141 in 2004 (Henrich was seeded eighth last season)
- Ranked No. 3 nationally this week by InterMat, AWN and W.I.N.
- 86.5 percent winning percentage ranks fourth all-time at UVa
- He already ranks second in career dual wins at Virginia with 54 and needs eight to match Brent Jones for first
- Has won 15 straight matches entering the 2010 NCAA Championships; has not lost since 6-1 defeat to No. 1 Mack Lewnes of Cornell at Southern Scuffle (12/30)
- Owns eight wins over foes in the 2010 NCAA field (8-2 total)
- Went 19-1 in dual matches this year and 5-0 in ACC duals
- Owns ACC wins over UNC's Thomas Ferguson, Virginia Tech's Voris Tejada, NC State's Quinton Godley and Maryland's Bradley Nielson – all by at least seven points; also won by forfeit against Virginia Tech
- Has won 16 straight matches vs. ACC foes dating to 2009 season
- Owns eight wins this season over wrestlers in the NCAA field
- Named ACC Wrestler of the Week on Dec. 1 after winning all three of his matches, including two over ranked foes, at Northeast Duals
- Won the Nittany Lion Open (12/6) and took runner-up honors at Southern Scuffle, falling in championship to top-ranked Mack Lewnes of Cornell
- Invited to wrestle at NWCA All-Star Classic last November, becoming third Virginia wrestler to earn the honor – the other two are current UVa coaches Steve Garland and Scott Moore
- Competed against Nebraska's Stephen Dwyer at the classic and dropped a 7-6 decision after giving up a takedown with less than a minute remaining.
- Named to 2009 ACC Academic Honor Roll

HENRICH BY THE NUMBERS

Year	Weight Class	Overall W-L	Dual W-L	Falls	TF	MD
2007-08	174	26-10	13-3	1	0	4
2008-09	174	40-3	22-0	4	5	11
2009-10	174	30-2	19-1	5	5	5
Totals	174	96-15	54-4	10	10	20

2009-10 RESULTS

W/L Opponents (School)	Result	Event/Date
W Trevor Sanford (Anderson)	TF, 17-2	Anderson (11/7)
W Peter Comis (Campbell)	Fall, 2:00	Campbell (11/7)
L No. 13 Shane Riccio (Bucknell)	Dec., 10-9 (OT)	Bucknell (11/15)
W Thomas Barreiro (American)	Fall, :37	American (11/15)
W Michael Hartman (Sacred Heart)	TF, 19-3	NE Duals (11/28)
W No. 14 Ben Bennett (Central Michigan)	Dec., 3-1	NE Duals (11/28)
W No. 11 Ryan Patrovich (Hofstra)	Dec., 7-0	NE Duals (11/28)
W Todd Porter (Missouri)	MD, 12-0	Nittany Lion Open - 1st (12/6)
W Cody Reed (Binghamton)	Fall, 4:55	
W Jonathan Weibel (Columbia)	Def.	
W Alex Caruso (Lehigh)	Dec., 4-2	
W No. 15 Dorian Henderson (Missouri)	Dec., 10-3	
W Brett Miller (UNC Greensboro)	Fall, 2:06	Southern Scuffle - 2nd (12/30)
W Cody Yohn (Minnesota)	Dec., 6-3	
W Jacob Ison (Ohio)	Dec., 8-2	
W No. 10 Ryan Patrovich (Hofstra)	Dec., 4-0	
L No. 1 Mack Lewnes (Cornell)	Dec., 1-6	
W Justin Zeerip (Michigan)	Dec., 6-1	Michigan/Va. Duals (1/8)
W No. 8 Jeff James (Oklahoma)	MD, 11-10	Oklahoma/Va. Duals (1/8)
W Eric Decker (Old Dominion)	MD, 10-1	ODU/Va. Duals (1/9)
W Forfeit (Virginia Tech)	Forfeit	Va. Tech/Va. Duals (1/9)
W Justin Zeerip (Michigan)	Dec., 3-1	Michigan/Va. Duals (1/9)
W Scott Giffin (Penn)	SV, 8-6	Penn (1/17)
W Thomas Ferguson (North Carolina)	MD, 19-6	North Carolina (1/22)
W Forfeit (Virginia Tech)	Forfeit	Virginia Tech (1/23)
W Daniel Rinaldi (Rutgers)	Dec., 7-1	Rutgers (1/29)
W Michael Erdman (Princeton)	MD, 22-8	Princeton (1/30)
W Voris Tejada (Duke)	Dec., 10-3	Duke (2/12)
W Quinton Godley (NC State)	TF, 16-1	NC State (2/13)
W Bradley Nielson (Maryland)	TF, 15-0	Maryland (2/20)
W Taylor Knapp (Virginia Tech)	Fall, 1:27	ACC Champs. - 1st (3/6)
W Thomas Ferguson (North Carolina)	MD, 21-5	

Bold denotes 2010 NCAA Qualifiers**PREVIOUS NCAA CHAMPIONSHIPS****2008 (174 Pounds)**

L No. 3 seed Brandon Browne (Nebraska)	Dec., 3-8
W Randy Oates (George Mason)	Dec., 10-6
L John Dergo (Illinois)	Dec., 1-5

2009 (174 Pounds - 7th; No. 8 Seed)

W Shane Smith (Millersville)	Fall, 4:05
W No. 9 seed Newly McFadden (Okla. State)	Dec., 5-2
L No. 1 seed Steve Luke (Michigan)	Dec., 4-9
W John Dergo (Illinois)	Dec., 6-1
L No. 6 seed Steve Anceravage (Cornell)	Fall, 4:10
W No. 2 seed Michael Cannon (American)	MD, 13-3

BRENT JONES, R-SR., 197**Burke, Va./Robinson HS**

- 24-11 this season/105-43 career
- Ranked No. 14 nationally this week by W.I.N. and No. 17 by InterMat
- Finished third at 197 pounds at 2010 ACC Championships
- 2009 ACC Champion at 197 pounds
- 2009 ACC Championships Most Outstanding Wrestler
- 2009 and 2010 NCAA Qualifier
- Fourth at Virginia in career wins with 105
- Virginia's all-time leader in falls with 43 and dual wins with 62
- He is tied for fourth in career matches at UVa with 148
- Owns five wins this season over the NCAA field
- Went 4-1 in ACC duals this season, with only loss coming to Maryland's Hudson Taylor; owns ACC wins over Dennis Drury (UNC), Chris Penny (Virginia Tech), John Barone (Duke) and KaRonne Jones (NC State)
- Boasts three wins over Top-20 foes this season – then-No. 3 Eric Lapotsky of Oklahoma, then-No. 12 Brent Haynes of Missouri and then-No. 12 Drury
- Named ACC Wrestler of the Week twice this season (Nov. 17, Jan. 26)
- Named to 2009 ACC Academic Honor Roll
- Planning to attend medical school after college

JONES BY THE NUMBERS

Year	Weight Class	Overall W-L	Dual W-L	Falls	TF	MD
2005-06	197	20-12	12-5	8	0	0
2006-07*	197	28-10	0-0	5	0	0
2007-08	197	32-12	17-6	14	0	3
2008-09	197	29-8	18-4	12	1	1
2009-10	197	24-11	15-7	9	0	2
Totals	197	105-43	62-22	43	1	6

*redshirt

2009-10 RESULTS

W/L Opponents (School)	Result	Event/Date
W Luis Audelo (Anderson)	Fall, :29	Anderson (11/7)
L Parker Burns (Campbell)	Dec., 5-9	Campbell (11/7)
W Joe McMullan (Bucknell)	Dec., 9-7	Bucknell (11/15)
W Travis Porter (Gardner-Webb)	Fall, 6:56	Gardner-Webb (11/15)
W Kenneth Clessas (American)	MD, 12-2	American (11/15)
W Brandon Lapp (Sacred Heart)	Fall, 3:37	NE Duals (11/28)
W Eric Simaz (Central Michigan)	Dec., 9-7	NE Duals (11/28)
W Anthony Tortora (Hofstra)	Dec., 7-5	NE Duals (11/28)
W Brock Mantella (Boston U.)	Dec., 8-6	Nittany Lion Open - 2nd (12/6)
W Christian Boley (Maryland)	Dec., 8-3	
W Brandon Palik (Drexel)	Dec., 9-2	
W No. 12 Brent Haynes (Missouri)	Dec., 9-3	
L No. 3 Hudson Taylor (Maryland)	Fall, 1:51	
L Zach Bennett (North Carolina)	Dec., 7-12	Southern Scuffle (12/30)
W Paul Glover (Appalachian State)	Fall, 1:55	
W Shawn Fendone (Edinboro)	Fall, 1:41	
L Sonny Yohn (Minnesota)	Fall, 3:57	
L No. 9 Anthony Biondo (Michigan)	Dec., 4-7	Michigan/Va. Duals (1/8)
W No. 3 Eric Lapotsky (Oklahoma)	Fall, :15	Oklahoma/Va. Duals (1/8)
L Jesse Strawn (Old Dominion)	Fall, 4:17	ODU/Va. Duals (1/9)
W Chris Penny (Virginia Tech)	Dec., 8-2	Va. Tech/Va. Duals (1/9)
L No. 9 Anthony Biondo (Michigan)	Dec., 10-13	Mich./Va. Duals (1/9)
W Dylan Temple (Appalachian State)	Dec., 8-4	Appalachian State (1/14)
L Micah Burak (Penn)	Dec., 1-7	Penn (1/17)
W No. 12 Dennis Drury (North Carolina)	Dec., 4-3	North Carolina (1/22)
W Chris Penny (Virginia Tech)	MD, 13-5	Virginia Tech (1/23)
L Lamar Brown (Rutgers)	SV2, 8-14	Rutgers (1/29)
W Charles Fox (Princeton)	Fall, :52	Princeton (1/30)
W John Barone (Duke)	SV, 12-10	Duke (2/12)
W KaRonne Jones (NC State)	Fall, 2:29	NC State (2/13)
L No. 3 Hudson Taylor (Maryland)	MD, 5-13	Maryland (2/20)
W Christian McClean (NC State)	Fall, 6:44	ACC Champs. - 3rd (3/6)
L No. 18 Dennis Drury (North Carolina)	Dec., 4-7	
W Chris Penny (Virginia Tech)	Dec., 8-3	
W John Barone (Duke)	Dec., 12-9	

Bold denotes 2010 NCAA Qualifiers**PREVIOUS NCAA CHAMPIONSHIPS****2009 (197 Pounds)**

L Eric Chine (Kent State)	Dec., 6-7
L No. 5 seed Dallas Herbst (Wisconsin)	Fall, 1:30

MIKE SALOPEK, R-FR., 184**North Huntingdon, Pa./Norwin HS****Pronunciation:** SAL-oh-peck

- 28-8 this season
- ACC Champion at 184 pounds
- Defeated Tommy Spellman of Virginia Tech on takedown with 12 seconds remaining to win 2-0 in ACC title match
- His win clinched the ACC team championship for Virginia
- Ranked 19th nationally this week by AWN and InterMat
- Owns six wins this season against the NCAA field
- Went 16-5 in duals and 3-1 in ACC duals; lone ACC loss was 3-1 decision to Virginia Tech's Tommy Spellman
- Defeated Nick Tenpenny (UNC), Diego Bencomo (Duke) and Corey Peltier (Maryland) in ACC action
- Took third at Southern Scuffle (12/30), including wins over ACC foes John Barone (Duke), Tenpenny and Spellman
- Has wrestled virtually everyone close – in his eight losses, only one has come by more than three points

SALOPEK BY THE NUMBERS

Year	Weight Class	Overall W-L	Dual W-L	Falls	TF	MD
2008-09*	184	14-5	0-0	1	0	3
2009-10	184	28-8	16-5	2	0	2
Totals	184	28-8	16-5	2	0	2

*Redshirt

2009-10 RESULTS

W/L Opponents (School)	Result	Event/Date
W John Hamrick (Anderson)	Dec., 6-0	Anderson (11/7)
W Derek Tomasone (Campbell)	MD, 17-7	Campbell (11/7)
W Rob Waltko (Bucknell)	Dec., 4-2	Bucknell (11/15)
W Jonathon Velazquez (Gardner-Webb)	Fall, 2:38	Gardner-Webb (11/15)
W Forfeit (American)	Forfeit	American (11/15)
W Forfeit (Sacred Heart)	Forfeit	NE Duals (11/28)
L No. 1 Mike Miller (Central Michigan)	Dec., 1-3	NE Duals (11/28)
L Ben Clymer (Hofstra)	SV, 2-4	NE Duals (11/28)
W Dallas Brown (Maryland)	Dec., 9-6	Nittany Lion Open (12/6)
W David Crowell (Penn State)	Dec., 6-2	
L No. 10 Josh Patterson (Binghamton)	MD, 1-9	
W Colin McDonald (Cornell)	Dec., 10-3	
L Matt Demichiel (Navy)	Dec., 3-6	
W Michael Larson (Cal State Bakersfield)	Fall, 4:59	Southern Scuffle - 3rd (12/30)
W No. 17 John Barone (Duke)	Dec., 6-5	
W Hunter Montoya (Michigan)	Dec., 8-1	
L No. 16 Steve Bosak (Cornell)	Dec., 1-4	
W Nick Tenpenny (North Carolina)	SV, 7-5	
W Eric Cameron (Indiana)	Fall, 4:46	
W Nick Purdue (Ohio)	Dec., 4-1	
W Tommy Spellman (Virginia Tech)	Dec., 2-0	
W Erich Smith (Michigan)	Dec., 8-5	Michigan/Va. Duals (1/8)
W Erich Schmidtke (Oklahoma)	Dec., 3-1	Oklahoma/Va. Duals (1/8)
W Joe Budi (Old Dominion)	Dec., 7-3	ODU/Va. Duals (1/9)
L Tommy Spellman (Virginia Tech)	Dec., 1-2	Va. Tech/Va. Duals (1/9)
W Hunter Collins (Michigan)	Dec., 9-5	Michigan/Va. Duals (1/9)
L Austin Trotman (Appalachian State)	Dec., 6-10	Appalachian State (1/14)
W Harrison Cook (Penn)	MD, 11-3	Penn (1/17)
W Nick Tenpenny (North Carolina)	Dec., 5-3	North Carolina (1/22)
L No. 20 Tommy Spellman (Virginia Tech)	Dec., 1-3	Virginia Tech (1/23)
W Daniel Seidenberg (Rutgers)	Dec., 6-3	Rutgers (1/29)
W Kurt Brendel (Princeton)	Dec., 8-2	Princeton (1/30)
W Diego Bencomo (Duke)	Dec., 10-4	Duke (2/12)
W Corey Peltier (Maryland)	Dec., 2-0	Maryland (2/20)
W Corey Peltier (Maryland)	Dec., 6-0	ACC Champs. - 1st (3/6)
W No. 18 Tommy Spellman (Virginia Tech)	Dec., 2-0	

Bold denotes 2010 NCAA Qualifiers

DEREK VALENTI, SO., 141**Newton, N.J./Kittatinny HS****Pronunciation:** Vuh-LEN-tee

- 24-8 this season/48-18 career
- Ranked 19th nationally this week by W.I.N. and 20th by InterMat
- Leads team with 10 falls
- Finished third at 2010 ACC Championships
- Competing in first NCAA Championships
- Has won 10 of last 13 matches entering NCAAs
- Went 17-5 in dual matches and 3-2 in ACC duals
- Owns wins over NCAA foes Trevor Melde of Rutgers (by fall) and three over Zack Kemmerer of Penn; 4-8 vs. NCAA qualifiers this season
- Defeated Mike Rappo (UNC), Mike Bell (Duke) and Scott Norris (NC State) in ACC action; dropped narrow decisions to Chris Diaz (Virginia Tech) and Alex Krom (Maryland)
- Placed seventh at Southern Scuffle (12/30)
- Keeps his matches close – has not given up more than seven points in any match this year

VALENTI BY THE NUMBERS

Year	Weight Class	Overall W-L	Dual W-L	Falls	TF	MD
2008-09	141	24-10	3-3	4	4	4
2009-10	141	24-8	17-5	10	1	1
Totals	141	48-18	20-8	14	5	5

2009-10 RESULTS

W/L Opponents (School)	Result	Event/Date
W Melchisedac LaVergne (Anderson)	Fall, 1:59	Anderson (11/7)
W Ethan Carmody (Campbell)	TF, 15-0	Campbell (11/7)
W Zac Hancock (Bucknell)	Dec., 8-5	Bucknell (11/15)
W Kurt Wentick (Gardner-Webb)	Fall, 2:40	Gardner-Webb (11/15)
L Jordan Lipp (American)	Dec., 2-6	American (11/15)
W Cory Dunn (Sacred Heart)	Fall, 6:19	NE Duals (11/28)
W Jeff Shutich (Central Michigan)	Dec., 6-1	NE Duals (11/28)
W Luke Vaith (Hofstra)	Dec., 3-0	NE Duals (11/28)
W Chris Collura (Appalachian State)	Fall, 2:23	Southern Scuffle - 7th (12/30)
W Albert Rush (Boston U.)	Fall, 3:36	
W Zack Kemmerer (Penn)	Dec., 3-0	
L Elijah Nacita (Cal State Bakersfield)	Dec., 0-7	
W Matt Pagan (Navy)	TB4, 8-4	
L Cole VonOhlen (Air Force)	Dec., 1-7	
W Zack Kemmerer (Penn)	Dec., 1-0	
W Mark Weber (Michigan)	Dec., 5-0	Michigan/Va. Duals (1/8)
L No. 5 Zack Bailey (Oklahoma)	Dec., 1-3	Oklahoma/Va. Duals (1/8)
W Craig Wilson (Old Dominion)	Dec., 3-1	ODU/Va. Duals (1/9)
L No. 12 Chris Diaz (Virginia Tech)	Dec., 2-7	Va. Tech/Va. Duals (1/9)
W Mark Weber (Michigan)	Dec., 7-5	Michigan/Va. Duals (1/9)
W Chris Collura (Appalachian State)	Fall, 1:31	Appalachian State (1/14)
W Zack Kemmerer (Penn)	Dec., 8-2	Penn (1/17)
W Mike Rappo (North Carolina)	Dec., 9-3	North Carolina (1/22)
L No. 10 Chris Diaz (Virginia Tech)	Dec., 3-4	Virginia Tech (1/23)
W Trevor Melde (Rutgers)	Fall, 6:39	Rutgers (1/29)
W Luis Ramos (Princeton)	Dec., 4-2	Princeton (1/30)
W Mike Bell (Duke)	Fall, 4:40	Duke (2/12)
W Scott Norris (NC State)	MD, 12-1	NC State (2/13)
L No. 9 Alex Krom (Maryland)	Dec., 2-6	Maryland (2/20)
L No. 10 Chris Diaz (Virginia Tech)	Dec., 1-3 (SV)	ACC Champs. - 3rd (3/6)
W Mike Bell (Duke)	Fall, 5:57	
W Scott Norris (NC State)	Fall, 6:37	

Bold denotes 2010 NCAA Qualifiers