

UVA Spring Swashbuckle - 3/21/2009

Charlottesville, VA

Results

Women 100 Meter Dash

11.42 US A

11.48 US B

11.75 REGL

Name	School	Finals
Finals		
1 128 Key, Whitney	VCU	12.41 2.2
2 30 Garrick, Kisha	Virginia	12.57 2.2
3 113 Hill, Kyana	VCU	12.76 2.2

Women 200 Meter Dash

23.25 US A

23.40 US B

23.96 REGL

Name	School	Finals
Finals		
1 33 Smith, Ayla	Virginia	25.05 +0.0
2 31 Chapman, Kristina	Virginia	25.29 +0.0
3 32 Gillespie, Meagan	Virginia	25.53 +0.0
4 35 Weatherly, Jenni	Virginia	26.01 +0.0
5 34 Uche, Chidimma	Virginia	26.06 +0.0
6 113 Hill, Kyana	VCU	26.13 -1.0
7 30 Garrick, Kisha	Virginia	26.19 +0.0
8 65 Gates, Jonecia	George Mason	26.22 -1.0
9 118 Thondique,	VCU	26.70 -1.0
10 64 Odum, Asian	George Mason	27.17 -1.0
11 112 Griffin, Kendra	VCU	27.40 -1.0
12 133 Delphin, Kacen	Unattached	27.94 +0.0

Women 400 Meter Dash

52.50 US A

52.60 US B

54.61 REGL

Name	School	Finals
Finals		
1 36 Harper, Lyndsaya	Virginia	58.31
2 71 Rivers, Latasha	George Mason	58.35
3 72 Zink, Chrstin	George Mason	59.28
4 37 Hovland, Jennifer	Virginia	1:00.07
5 112 Griffin, Kendra	VCU	1:00.91
6 133 Delphin, Kacen	Unattached	1:01.37
7 38 Sloan, Ariane	Virginia	1:01.57
8 115 Bethune, Kristine	VCU	1:02.00

Women 800 Meter Run

2:05.00 US A

2:05.50 US B

2:09.80 REGL

Name	School	Finals
Finals		
1 40 Cascells, Sara	Virginia	2:15.26
2 44 Garcia, Stephanie	Virginia	2:15.88
3 39 Brooks, Susan	Virginia	2:19.33
4 41 Dezubay, Lauretta	Virginia	2:19.90
5 116 Walters, Nicole	VCU	2:20.27

6 42 Durkee, Megan	Virginia	2:21.79
7 45 Stafford, Samantha	Virginia	2:26.13
8 108 Washington, Aubree	VCU	2:27.58
9 121 DelaCruz, Heather	VCU	2:28.16

Women 1500 Meter Run

4:16.00 US A

4:17.50 US B

4:27.80 REGL

Name	School	Finals
Finals		
1 44 Garcia, Stephanie	Virginia	4:34.93
2 41 Dezubay, Lauretta	Virginia	4:37.81
3 45 Stafford, Samantha	Virginia	4:45.98
4 77 McKenzie, Monique	George Mason	4:58.92
5 121 DelaCruz, Heather	VCU	5:01.13
6 116 Walters, Nicole	VCU	5:02.61
7 73 Fickel, Sam	George Mason	5:07.04
8 78 York, Alicia	George Mason	5:09.33
9 43 France, Chelsea	Virginia	5:12.93
10 76 Moss, Kimmy	George Mason	5:19.11
11 75 Smith, Elizabeth	George Mason	5:34.15
12 74 Harris, Katie	George Mason	5:50.47

Women 3000 Meter Run

Name	School	Finals
Finals		
1 47 Corrigan, Anna	Virginia	10:13.78
2 49 Klein, Erin	Virginia	10:24.49
3 46 Burk, Diana	Virginia	10:38.26
4 48 Flemming, Connor	Virginia	11:07.76
5 78 York, Alicia	George Mason	11:16.21
6 73 Fickel, Sam	George Mason	11:26.08
7 120 Hendel, Samantha	VCU	11:45.85
8 75 Smith, Elizabeth	George Mason	11:49.93

Women 100 Meter Hurdles

13.20 US A

13.25 US B

13.92 REGL

Name	School	Finals
Finals		
1 33 Smith, Ayla	Virginia	14.09 -0.9
2 34 Uche, Chidimma	Virginia	14.56 -0.9
3 64 Odum, Asian	George Mason	14.87 -0.9
4 31 Chapman, Kristina	Virginia	14.94 -0.9
5 111 Montague, Rachel	VCU	15.22 -0.9
6 122 Archie, Sernarra	VCU	15.60 -0.9
7 126 Trader, Theresa	VCU	15.84 -0.9

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Women 400 Meter Hurdles

57.75 US A

57.95 US B

1:00.82 REGL

Name	School	Finals
Finals		
1 126 Trader, Theresa	VCU	1:09.25
2 132 Moen, Hilary	Virginia	1:09.69
3 114 Baxter, Karise	VCU	1:14.31

Women 4x100 Meter Relay

45.70 REGL

Team	Relay	Finals
Finals		
1 Vcu	A	48.03
1) 128 Key, Whitney	2) 111 Montague, Rachel	
3) 113 Hill, Kyana	4) 117 Finney, Jazlynn	
--- Virginia	A	DQ
1) 32 Gillespie, Meagan	2) 30 Garrick, Kisha	
3) 35 Weatherly, Jenni	4) 31 Chapman, Kristina	

Women 4x400 Meter Relay

3:42.00 REGL

Team	Relay	Finals
Finals		
1 Vcu	A	3:55.29
1) 117 Finney, Jazlynn	2) 128 Key, Whitney	
3) 111 Montague, Rachel	4) 112 Griffin, Kendra	
2 George Mason	A	3:57.86
1) 72 Zink, Chrstin	2) 77 McKenzie, Monique	
3) 64 Odum, Asian	4) 65 Gates, Jonecia	
3 Virginia	A	4:06.20
4 Virginia	B	4:14.91

Women High Jump

Progressions: 1.35, 1.45, 1.55, 1.60, 1.65, 1.70, 1.75

1.83m US A

1.81m US B

1.75m REGL

Name	School	Finals
Finals		
1 60 Trizna, Katie	Virginia	1.60m
2 127 Morris, Allison	VCU	1.55m
2 59 Hlavin, Callie	Virginia	1.55m
4 70 McConville, Megan	George Mason	1.45m
5 122 Archie, Sernarra	VCU	1.35m
--- 61 Faeth, Avery	Virginia	NH

Women Pole Vault

Progressions: 3.00, 3.15, 3.30, 3.45, 3.55, 3.65, 3.75, 3.85

4.25m US A

4.20m US B

3.85m REGL

Name	School	Finals
Finals		
1 62 Darraugh, Katie	Virginia	3.65m
2 125 Newing, Stephanie	VCU	3.10m
2 63 Parson, Hilary	Virginia	3.10m
4 69 Pandolph, Stephanie	George Mason	3.00m
--- 141 Howell, Kaitlin	George Mason	NH

Women Shot Put

16.25m US A

16.00m US B

14.30m REGL

Name	School	Finals
Finals		
1 58 Coleburn, Sophie	Virginia	13.31m
2 52 Manning, Alexa	Virginia	12.92m
3 119 Duncan, Natalie	VCU	12.83m
4 57 Kelly, Caitlin	Virginia	12.43m
5 124 Mosley, Samantha	VCU	12.38m
6 53 Laffan, Maureen	Virginia	11.81m
7 67 VanStory, Jasmine	George Mason	10.14m
8 65 Gates, Jonecia	George Mason	9.56m
9 64 Odum, Asian	George Mason	9.46m
10 109 Anyaugo, Julia	VCU	8.83m

Women Discus Throw

55.00m US A

54.50m US B

47.30m REGL

Name	School	Finals
Finals		
1 57 Kelly, Caitlin	Virginia	49.88m REGL
2 56 Grant, Billie-Jo	Virginia	49.15m REGL
3 51 Wykoff, Erin	Virginia	47.03m
4 55 Bilmanis, Amy	Virginia	46.15m
5 119 Duncan, Natalie	VCU	39.23m
6 109 Anyaugo, Julia	VCU	37.58m
7 124 Mosley, Samantha	VCU	34.69m
8 67 VanStory, Jasmine	George Mason	33.56m
9 68 Tripson, Julie	George Mason	29.29m

Women Hammer Throw

62.50m US A

61.00m US B

54.15m REGL

Name	School	Finals
Finals		
1 52 Manning, Alexa	Virginia	48.02m
2 68 Tripson, Julie	George Mason	44.43m
3 53 Laffan, Maureen	Virginia	43.36m

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Finals ... (Women Hammer Throw)

Name	School	Finals
4 51 Wykoff, Erin	Virginia	42.99m
5 129 Hawthorne, Carol	VCU	37.48m
6 123 Preston, Brandy	VCU	32.53m

Women Javelin Throw

49.00m USA
47.00m US B
43.45m REGL

Name	School	Finals
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Finals

1 54 Morton, Indira	Virginia	40.79m
2 64 Odum, Asian	George Mason	31.15m
3 66 Below, Shaterika	George Mason	29.36m
4 65 Gates, Jonecia	George Mason	17.55m

Men 100 Meter Dash

10.35 USA
10.55 REGL

Name	School	Finals
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Finals

1 130 Abdulrazaaq, Adams	Virginia	10.96	1.3
2 2 Fiala, Rainier	Virginia	10.99	1.3
3 102 Ideozu, Bruce	George Mason	11.25	1.3
4 1 Carradine, Malcom	Virginia	11.32	1.3
5 131 Ives, Randolph	Unattached	11.70	1.3
6 100 Hegel, Kevin	George Mason	11.87	1.3
7 104 Wellington, David	George Mason	12.04	1.3

Men 200 Meter Dash

20.88 USA
21.35 REGL

Name	School	Finals
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Finals

1 105 Ruffin, Rachaunn	George Mason	21.80	-0.5
2 2 Fiala, Rainier	Virginia	22.14	-0.5
3 3 Anding, Kevin	Virginia	22.20	-0.5
4 4 Lee, Brian	Virginia	22.47	-0.5
5 106 Wyche, Marcus	George Mason	22.59	-0.5
6 1 Carradine, Malcom	Virginia	22.81	+0.0
7 102 Ideozu, Bruce	George Mason	22.88	+0.0
8 7 Sherrill, Dre	Virginia	23.18	+0.0
9 6 James, Quentin	Unattached	23.40	-0.5
10 135 King, Dan	American	23.80	-0.5
11 99 Nad, Jon	George Mason	23.84	+0.0
12 100 Hegel, Kevin	George Mason	23.86	+0.0
13 136 Hula, Alex	American	24.41	+0.0
14 104 Wellington, David	George Mason	24.47	+0.0
15 134 Block, Morgan	American	24.61	-0.5

Men 400 Meter Dash

46.50 USA
47.20 REGL

Name	School	Finals
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Finals

1 135 King, Dan	American	50.07
2 134 Block, Morgan	American	51.60
3 105 Ruffin, Rachaunn	George Mason	51.98
4 6 James, Quentin	Unattached	52.45
5 136 Hula, Alex	American	53.06

Men 800 Meter Run

1:48.45 USA
1:50.40 REGL

Name	School	Finals
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Finals

1 97 Troxell, Tom	George Mason	1:52.95
2 15 Inge, Mike	Ragged Mtn	1:53.09
3 14 Tatu, Alex	Ragged Mtn	1:53.56
4 9 Heineking, Emil	Virginia	1:53.98
5 13 Tschirhart, Kevin	Virginia	1:54.34
6 87 Horn, Sam	George Mason	1:54.92
7 86 Golden, Tyler	George Mason	1:55.32
8 10 Finley, Steve	Virginia	1:56.71
9 84 Crain, John	George Mason	1:56.78
10 11 Franks, Steve	Virginia	1:56.85
11 8 Bowman, Alex	Virginia	1:57.02
12 93 Rice, Chris	George Mason	1:59.26
13 12 Revelle, Andrew	Virginia	1:59.32
14 92 Reynolds, Robert	George Mason	2:00.49
15 80 Bailey, Matt	George Mason	2:00.53
16 89 McGreal, Andrew	George Mason	2:00.64
17 83 Callan, Daniel	George Mason	2:06.56

Men 1500 Meter Run

3:45.00 USA
3:47.80 REGL

Name	School	Finals
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Finals

1 9 Heineking, Emil	Virginia	3:46.62	REGL
2 13 Tschirhart, Kevin	Virginia	3:47.38	REGL
3 10 Finley, Steve	Virginia	3:51.17	
4 139 Miller, Trey	Virginia	3:51.44	
5 8 Bowman, Alex	Virginia	3:53.38	
6 87 Horn, Sam	George Mason	3:56.34	
7 84 Crain, John	George Mason	3:57.58	
8 80 Bailey, Matt	George Mason	4:01.63	
9 12 Revelle, Andrew	Virginia	4:01.94	
10 89 McGreal, Andrew	George Mason	4:02.35	
11 92 Reynolds, Robert	George Mason	4:04.33	
12 83 Callan, Daniel	George Mason	4:08.52	
--- 11 Franks, Steve	Virginia	DNF	
--- 138 Keveren, Sean	Unattached	DNF	

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Results

Men 3000 Meter Run

Name	School	Finals
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Finals

1	17 Mearns, Andrew	Virginia	8:31.77
2	16 Eckhart, Robbie	Virginia	8:40.59
3	90 Murphy, Ryan	George Mason	8:44.07
4	88 Krause, Bobby	George Mason	8:46.33
5	81 Bourdreau, Parker	George Mason	8:52.31
6	95 Snyder, James	George Mason	8:57.20
7	19 Wetzel, JJ	Ragged Mtn	9:01.01
8	82 Burns, James	George Mason	9:02.30
9	96 Tekesky, Scott	George Mason	9:06.14
10	91 Palmer, Chris	George Mason	9:08.31
11	94 Saldana, Jesse	George Mason	9:11.39
12	85 Duncanson, Michael	George Mason	9:19.59
13	18 Stadinsky, Mike	Ragged Mtn	9:35.87
14	137 Sampson, Doug	Unattached	10:06.87

Men 4x400 Meter Relay

3:10.00 REGL

Team	Relay	Finals
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Finals

1	George Mason	A	3:21.37
	1) 106 Wyche, Marcus	2) 97 Troxell, Tom	
	3) 87 Horn, Sam	4) 86 Golden, Tyler	
2	Virginia	A	3:24.06
	1) 13 Tschirhart, Kevin	2) 8 Bowman, Alex	
	3) 130 Abdulrazaaq, Adams	4) 11 Franks, Steve	
3	Virginia	B	3:26.13
	1) 10 Finley, Steve	2) 12 Revelle, Andrew	
	3) 4 Lee, Brian	4) 9 Heineking, Emil	
4	George Mason	B	3:33.03
	1) 99 Nad, Jon	2) 80 Bailey, Matt	
	3) 103 Harris, Mark	4) 93 Rice, Chris	
5	George Mason	C	3:36.61
	1) 92 Reynolds, Robert	2) 89 McGreal, Andrew	
	3) 84 Crain, John	4) 83 Callan, Daniel	

Men High Jump

Progressions: 1.70, 1.80, 1.90, 1.95, 2.00, 2.04, 2.07, 2.10

2.16m USA

2.10m REGL

Name	School	Finals
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Finals

1	26 Gennari, Arty	Unattached	2.04m
2	104 Wellington, David	George Mason	1.95m
3	100 Hegel, Kevin	George Mason	J1.95m
---	27 Klansek, Aaron	Virginia	NH

Men Pole Vault

Progression: 4.20, 4.35, 4.50, 4.60, 4.70, 4.80, 4.90, 5.00

5.05

5.50m USA

5.05m REGL

Name	School	Finals
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Finals

1	140 Lewis, David	Unattached	4.50m
2	79 Oxenford, Lee	George Mason	J4.50m
3	28 Waddey, Christian	Virginia	4.35m

Men Long Jump

Men will start after Women LJ is complete

7.75m USA

7.34m REGL

Name	School	Finals
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Finals

1	29 Robinson, Marcus	Unattached	7.03m NWI
2	7 Sherrill, Dre	Virginia	6.89m NWI
3	104 Wellington, David	George Mason	6.37m NWI
4	100 Hegel, Kevin	George Mason	6.27m NWI
5	103 Harris, Mark	George Mason	6.22m NWI
6	99 Nad, Jon	George Mason	5.48m NWI

Men Shot Put

18.59m USA

16.80m REGL

Name	School	Finals
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Finals

1	25 Pickle, Eric	Virginia	15.10m
2	101 Foley, Michael	George Mason	12.38m
---	107 Holmberg, Brandon	George Mason	FOUL

Men Discus Throw

58.80m USA

51.70m REGL

Name	School	Finals
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Finals

1	24 Fahringer, Andy	Virginia	49.21m
2	25 Pickle, Eric	Virginia	46.38m
3	107 Holmberg, Brandon	George Mason	37.94m
4	101 Foley, Michael	George Mason	37.92m
5	22 Chiariello, Enzo	Virginia	36.45m

Men Hammer Throw

65.00m USA

56.80m REGL

Name	School	Finals
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Finals

1	22 Chiariello, Enzo	Virginia	52.38m
2	21 Galle, Kyle	Virginia	44.78m
3	107 Holmberg, Brandon	George Mason	33.75m

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Men Javelin Throw70.50m USA
61.60m REGL

Name	School	Finals
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Finals

1	23 Thompson, Stephen	Virginia	43.65m
2	104 Wellington, David	George Mason	43.60m
3	98 Dasgupta, Devraj	George Mason	29.60m
4	100 Hegel, Kevin	George Mason	26.59m